

Ace That Test!

Success System For Learning and Taking Tests™



Help Kids **ACE IT!** Kids learn...



A - ACE IT Attitude!

- Why attitude is the foundation for success in school — and in life
- How the 4 Truths of Learning and brain science enables everyone to develop intelligence
- How to uncover their "Big Why"

C - Create a Learning Mindset for Success

- The power of belief systems and why they achieve what they believe (kids can't do well in school unless they believe they can do well in school)
- How to recognize and shift limiting beliefs
- How to proactively develop empowering beliefs using self-talk and visualization

E - Effective Learning Skills

- How to use multiple learning styles to enhance comprehension
- How their brain creates memories, and techniques to improve recall
- How multitasking affects the brain and reduces their ability to learn
- How to create an effective homework routine that will increase learning and decrease homework time

I - Intention, Integrity, Inner Calmness

- How to set their intention so their thoughts work for them, not against them
- Why integrity is critical for success in school — and in life
- How to calm their nerves if fear and panic begin to creep in

T - Test Taking Strategies

- How to use six test-taking strategies ("S.M.A.R.T.S") to ace that test (the "T" strategy is guaranteed to turn some B's into A's)!