

# STORY Coaching Process

Guides “How” You Work with Kids  
Step-by-step!



The Adventures in Wisdom® STORY Coaching Process, with a coaching tool for each step, guides your coaching with children – enabling you to get results with children from the very first session.



## **S** Share the Coaching Story to Introduce the Skill

You start with the story! Through the story, children see the impact of the problem that the characters face and how mindset skills are used to resolve the problem.



## **T** Talk About How the Story Applies to Their Lives

Use the discussion questions in the “Let’s Talk” section to explore the story and the skill being taught to help children apply the skills to their own lives. This is where ah-ha moments and transformation happens.



## **O** Organize Art Projects and Role playing for Hands-on Experience

Practicing enables children to strengthen their learning while art projects give children a visual reminder of the skill that they can take home. We provide activities in the skill books and you can add your own as well. Be creative and have fun with it!



## **R** Review with Parent - Share a WISDOM for Home Sheet

Children love to share what they’ve learned! Many of our coaches invite parents to the last 5 minutes of the session so that they can share what they are discovering. After the sharing, give the family a WISDOM for Home take home sheet so that they can continue the conversation at home. This deepens learning between sessions.



## **Y** Yes! Confirm Knowledge with Wise in Fives

At the start of each new session, use the Wise in Five review sheets to practice the skill learned in the previous session. And then continue the adventure with the next coaching story!