



## Life coaching for kids!



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AIW History:	<p>AIW Founded in 2011</p> <ul style="list-style-type: none"><li>• Empowering parents since 2012</li><li>• Certifying WISDOM Coaches since 2013</li><li>• Certified WISDOM Coaches in over 30 countries<ul style="list-style-type: none"><li>○ WISDOM Coach® Certification recipients eligible for 18 ICF CCEs – Resource Development</li></ul></li></ul>
Location:	Austin, Texas, United States
ICF Member Number:	0090174921
Training Topic Title:	Life Coaching Isn't Just for Grownups – Three Powerful Mindset Skills All Kids Can Learn at a Young Age
Training ICF CCE:	1 Core Competency Credit

# Life Coaching Isn't Just for Grownups

## Learn Three Powerful Mindset Skills All Kids Can Learn at a Young Age

### Topic Description

When faced with challenges or disappointments, most kids don't have the tools to handle them. As a result, they often get down on themselves or give up on themselves – developing belief systems that can hold them back for the rest of their lives. As coaches, we've seen the impact of childhood events on adult clients over-and-over again!

Coaching isn't just for grownups. It's a game changer for our youth when they learn how to break through limiting beliefs and proactively create supporting beliefs to help them thrive. Life coaching can help kids learn how to use the power of their thoughts to handle the ups and downs of growing up and to develop a mindset for creating happiness, confidence, and success in life.

In this session coaches will learn about three mindset skills that all kids should learn before the age of 10 and how they can use coaching stories and activities to coach kids (the skills work for grownup clients too).

### You will learn:

1. How coaching children is different from coaching adults
2. Why life coaching is critical for our youth
3. Three traps that crush self-esteem and mindset skills that can help kids beat those traps.
4. Activities you can use immediately to help kids practice these mindset skills
5. How you can use coaching stories to evoke awareness, learning, and action in children

### Renaye Thornborrow Introduction

Renaye Thornborrow is leading a worldwide movement to bring life coaching and personal development to kids.

She is the founder and CEO of Adventures in Wisdom and her company's WISDOM Coach® Certification program is helping professionals in over 30 countries use coaching stories to bring life coaching to kids between the ages of 6-12.

Renaye is a personal development expert, member of the International Coaches Federation, and former 3-year board member for the Association of Coach Training Organizations (ACTO). She is also a retired corporate marketing executive and holds a Bachelor of Science from Texas A&M University and an MBA from the University of Texas. She and her husband are the proud parents of 22-year old twins – a son and a daughter.

## Presenter: Renaye Thornborrow Bio (100 words)

Renaye is leading a worldwide movement to bring life coaching to kids.

Since 2013 she has certified hundreds of coaches in over 30 countries to use her story-based coaching curriculum and STORY Coaching process to help children develop mindset skills for confidence, resilience, self-esteem, and self-leadership so that they can be confident and prepared to handle the ups and downs of growing up, to achieve their goals, and to thrive in life.

Renaye is a personal development expert, member of ICF, and former 3-year board member for ACTO (Association of Coach Training Organizations). She is a retired corporate marketing executive and holds a Bachelor of Science from Texas A&M University and an MBA from the University of Texas. She and her husband of 32 years are the proud parents of 20-year-old twins.

## About Adventures in Wisdom Inc.

Based in Austin, Texas, Adventures in Wisdom certifies WISDOM Coaches to use the Adventures in Wisdom Life Coaching Program for Kids Curriculum™ to bring life coaching and mindset training to children between the ages of 6 - 12. Coaches in over 30 countries use coaching stories and activities to help children learn how to use the power of their thoughts to create happiness, confidence, resilience, self-esteem, and achievement so that they can reach their fullest potential and thrive. For more information about becoming a WISDOM Coach®, hiring a WISDOM Coach®, or parent resources, visit <https://AdventuresInWisdom.com>.